

# Let's Change the face of Mental Health Together

## **NCFE/TQUK Level 2 Certificate Mental Health Awareness**

**77% of the North East suffer from Mental Health which is the highest ranking region in the country. With a statistic this high that means that 1-3 people that we know are affected by mental health in some way. These conditions range from post-natal depression, dementia, to stress. Wouldn't it be great to be able to confidently identify these issues and possibly save the life of someone that means so much to us? Let's not sit on the sidelines and instead take an active role in helping the people that deserve it the most by educating ourselves on Mental Health Conditions.**



**The TQUK Level 2 Certificate in Mental Health Awareness qualification will provide you with the tools on how to identify and confidently find support for the people we care about most and are being challenged by mental health. This qualification can be used in both a professional and personal setting.**

## Overview

This qualification contains the following mandatory units:

- Understanding mental health
- Understanding stress
- Understanding anxiety
- Understanding phobias
- Understanding depression
- Understanding post-natal depression
- Understanding bipolar disorder
- Understanding schizophrenia
- Understanding dementia
- Understanding eating disorders

In each of the above areas learners will gain an understanding of the specific mental health topic. They will develop an understanding of the topic in relation to symptoms, experience for the individual, support needs, how the disorder can be managed and treated, and the roles and needs of family and friends.

## Benefits of Study

- No need to attend college, work from home at a pace that suits you
- Achieve a nationally recognised Level 2 qualification
- Further your personal and professional development
- Available at no cost
- Receive support and guidance from a dedicated team of qualified assessors/tutors
- Study will enhance your personal and professional skills

## Delivery Methods

Fulltime virtual classroom – 5 days 09-30-15:00 ( lunch break included)  
Distance/ Blended Learning – 6 weeks

## Learning Method

The course is delivered via zoom in our virtual classroom, you will also have access to our learning platform which has a range of interactive online resources

## What could this qualification lead to?

As noted in the apprenticeship frameworks, career progression within the health and social care sectors will not always be vertical, it may also be horizontal. New ways of working and new roles are constantly evolving to meet the health & social care needs of the population. These new roles provide staff with opportunities to develop new knowledge and skills often described as 'expanded' roles.

This qualification can support progression to employment and progression within employment for the following job roles and workers:

- Care assistant or worker
- Personal care assistant
- Adult social care relief team worker
- Night care assistant
- Support worker (supported living)
- Key workers in residential/Domiciliary/Day care care settings
- Home care support worker
- Re-enablement worker
- Healthcare support service worker
- Clinical healthcare support worker
- Healthcare assistant
- Mental health outreach/support worker
- Substance misuse worker
- Counsellor
- Health promotion/Education worker.

## **Entry Requirements**

You don't need to have any specific prior learning requirements to take this qualification, but you may find it helpful if you've already achieved a Level 1 qualification.

## **Age Restrictions**

You must be at least 16 years old to take this qualification.

## **Cost**

Due to the availability of government funding, the qualification is usually available at no cost. Funded places are limited, so book early to avoid disappointment. Funding is subject to learners meeting eligibility criteria; this will be provided prior to the start of any course. Please note a fee of £25 is charged if learners fail to complete the course or withdraw. Learners must want to independently enrol onto the course.

## **Contact Us**

Email: [Training@geonts.co.uk](mailto:Training@geonts.co.uk)  
Telephone: 0191 4661024  
Website: [geonts.co.uk](http://geonts.co.uk)